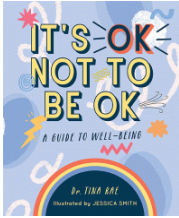


Not just BLUE - Mental health resources for kids and their parents

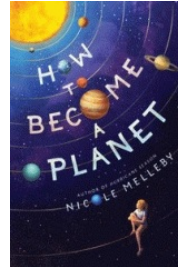
Books to help children and teens (and their parents) understand how they are feeling.

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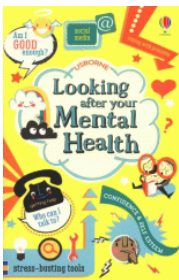
It's ok not to be ok : a guide to well-being / Dr. Tine Rae ; illustrated by Jessica Smith.

Rae, Tina, author.



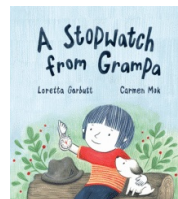
How to become a planet / Nicole Melleby.

Melleby, Nicole, author.



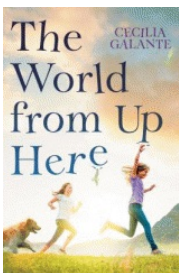
Looking after your mental health / Alice James & Louie Stowell ; illustrated by Nancy Leschnikoff and Freya Harrison.

James, Alice, author.



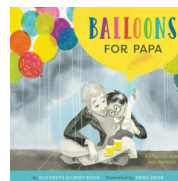
A stopwatch from Grampa / written by Loretta Garbutt ; illustrated by Carmen Mok.

Garbutt, Loretta, 1961- author.



The world from up here / Cecilia Galante.

Galante, Cecilia, author.



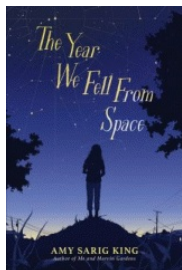
Balloons for papa : a story of hope and empathy / by Elizabeth Gilbert Bedia ; illustrated by Erika Meza.

Bedia, Elizabeth Gilbert, author.

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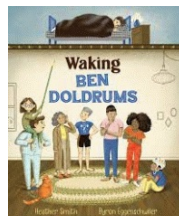
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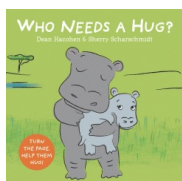
The year we fell from space / Amy Sarig King.

King, A. S. (Amy Sarig), 1970- author.



Waking Ben Doldrums / Heather Smith ; illustrated by Byron Eggenschwiler.

Smith, Heather, 1968- author.



Who needs a hug? / Dean Hacoheh ; [illustrations by] Sherry Scharschmidt.

Hacoheh, Dean, author.



Animals are people too : an adorable animal emotion thesaurus.