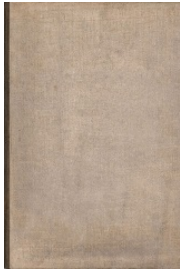


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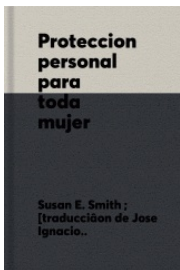
Self-Defense for gentlemen and ladies

Colonel Thomas Hoyer Monstery ; edited and introduced by Ben Miller.



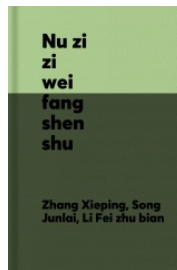
Self defence and protection awareness for women

Alison Sharman.



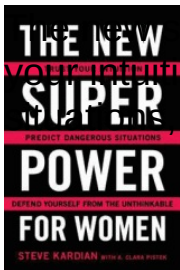
Protección personal para toda mujer

Susan E. Smith.



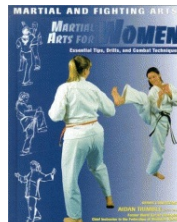
Nu zi zi wei fang shen shu

Zhang Xieping, Song Junlai, Li Fei zhu bian.



Superpower for women : trust, predict dangerous situations and defend yourself from the unthinkable

Kardan, Steve, author.



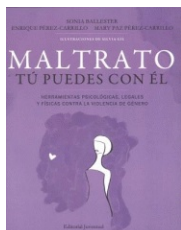
Martial arts for women

Eric Chaline.

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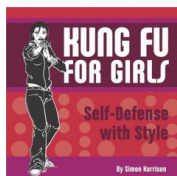
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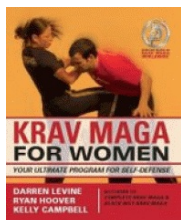
Maltrato

Sonia Ballester, Enrique Páerez-Carrillo, Mary Paz Páerez-Carrillo ; ilustraciones, Silvia Gil.



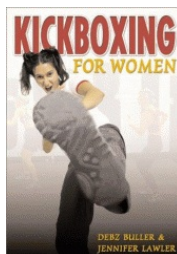
Kung fu for girls

by Simon Harrison.



Krav Maga for women

Darren Levine, Ryan Hoover, Kelly Campbell ; photographs by Dominic DiSaia.



Kickboxing for women

by Jennifer Lawler & Debz Buller.