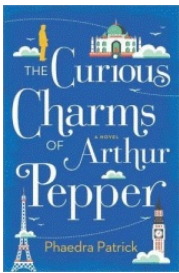


# BKLYN BookMatch- Heartwarming Tales and Hearty Recipes

This list was created by a librarian with the Brooklyn Public Library for a reader looking for books by authors similar to Fredrik Backman and Lisa See as well as self-help books and cookbooks with simple healthy recipes. Would you like your own personalized list of reading suggestions? Visit Bklyn BookMatch here: [bklynlibrary.org/bookmatch](http://bklynlibrary.org/bookmatch)

Created by BklynLynetteF

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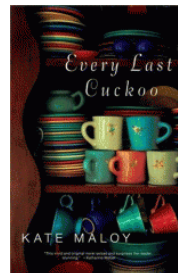


## The curious charms of Arthur Pepper

Phaedra Patrick.

Similar to *A Man Called Ove* by Fredrik Backman, both are heartwarming, engagingly written, and follow a sympathetic and relatable character. This novel also follows a widower, in this case, sixty-nine-year-old Arthur Pepper. When

he discovers a gold charm bracelet he has never seen before among his d...

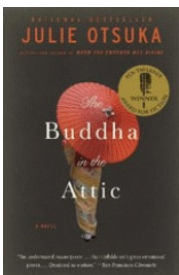


## Every last cuckoo

by Kate Maloy.

Similar to Fredrik Backman's *Britt Marie Was Here*, older women who have become unmoored by recent events in their personal lives find themselves transforming through their relationships with an unlikely, motley bunch of characters. After the sudden death of her

husband, seventy-five-year old Sarah f...



## The Buddha in the attic

Otsuka, Julie, 1962-

If you enjoyed *Snow Flower and the Secret Fan* by Lisa See, you may enjoy this novel. Both these atmospheric historical fiction works have a theme of bonding and friendship in difficult times and focus on how women must navigate Asian culture denying women's rights. The

Buddha in the Attic follows si...



## The universe has your back

Gabrielle Bernstein.

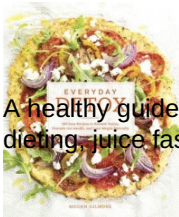
Each story and lesson in the book guides readers to release the blocks to what they most long for--happiness, security and clear direction.

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## Everyday detox

Megan Gilmore ; photography by Nicole Franzen.

A healthy guide to detoxing naturally, all year round—no dieting, juice fasting, or calorie counting required—to lose

weight, improve digestion, sleep better, and feel great, featuring 100 properly combined recipes for every meal of the

day.