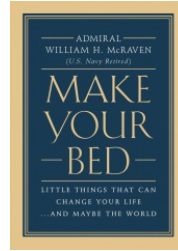


Routines

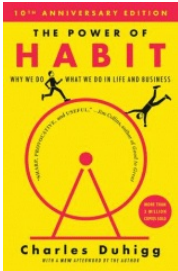
Created by MeredithE



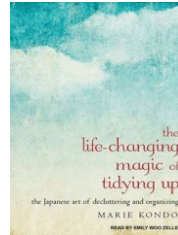
Countdown
by Deborah Wiles.



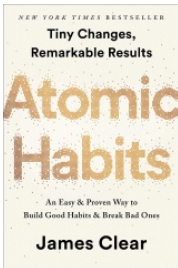
Make your bed
William H. McRaven.



The power of habit
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[electronic resource] : An easy & proven way to build good habits & break bad ones.
Clear, James.