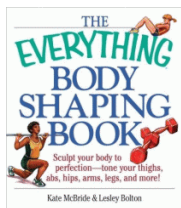


# Imported from My Lists: Gym

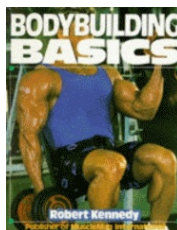
Created by julia1jk

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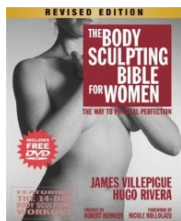
## The everything body shaping book

Kate McBride & Lesley Bolton.



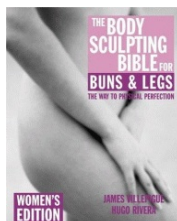
## Bodybuilding basics

Robert Kennedy.



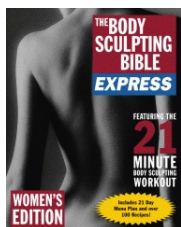
## The body sculpting bible for women

James Villepique, Hugo Rivera ; preface by Robert Kennedy ; foreword by Nicole Rollolazo ; photography by Peter Field Peck.



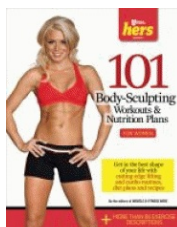
## The body sculpting bible for buns & legs

James Villepique, Hugo Rivera ; photography by Peter Field Peck.



## The body sculpting bible express

James Villepique, Hugo Rivera ; photography by Peter Field Peck.



## 101 body-sculpting workouts & nutrition plans for women.