## Hygge - and safe - at home

Books and more to remind you that being at home is a good thing

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The simplicity of cozy: hygge, lagom & the energy of everyday pleasures / Melissa Alvarez.

Alvarez, Melissa, author.



Slow: simple living for a frantic world / Brooke McAlary.

McAlary, Brooke, author.

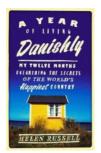


The Hygge Life
Gíslason, Gunnar Karl; Eddy, Jody.



The Little Book of Hygge [electronic resource] : The Danish Way to Live Well/Wiking, Meik.

Wiking, Meik.



The year of living Danishly: uncovering the secrets of the world's happiest country / Helen Russell.

Russell, Helen, author.



Your creative work space: the sweet spot style guide to home office + studio decor / Desha Peacock.

Peacock, Desha, author.



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Cozy minimalist home: more style, less stuff / Myquillyn Smith.
Smith, Myquillyn, author.



Gardening for mindfulness / Holly Farrell.
Farrell, Holly, author.



Creating sanctuary: sacred garden spaces, plant-based medicine, and daily practices to achieve happiness and well-being /

by Jessi Bloom; with photos by Shawn Linehan.

Bloom, Jessi, author.



Homebody: a guide to creating spaces you never want to leave / Joanna Gaines.

Gaines, Joanna, 1978- author.

