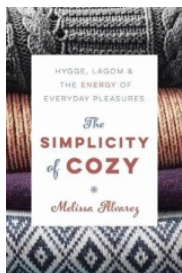


# Hygge - and safe - at home

Books and more to remind you that being at home is a good thing

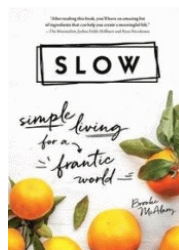
Created by CPLmelani

---



The simplicity of cozy :  
hygge, lagom & the  
energy of everyday  
pleasures / Melissa  
Alvarez.

Alvarez, Melissa, author.



Slow : simple living for a  
frantic world / Brooke  
McAlary.

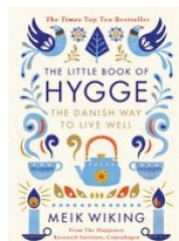
McAlary, Brooke, author.



The Hygge Life  
[electronic resource] :  
Embracing the Nordic  
Art of Coziness Through  
Recipes, Entertaining,

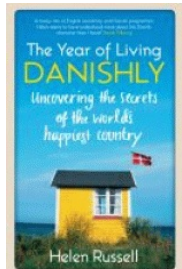
Decorating, Simple Rituals, and  
Family Traditions/ Gíslason, Gunnar  
Karl; Eddy, Jody.

Gíslason, Gunnar Karl; Eddy, Jody.



The Little Book of Hygge  
[electronic resource] :  
The Danish Way to Live  
Well/ Wiking, Meik.

Wiking, Meik.



The year of living  
Danishly : uncovering  
the secrets of the  
world's happiest country  
/ Helen Russell.

Russell, Helen, author.



Your creative work  
space : the sweet spot  
style guide to home  
office + studio decor /  
Desha Peacock.

Peacock, Desha, author.

# Hygge - and safe - at home

Books and more to remind you that being at home is a good thing

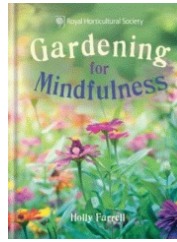
Created by CPLmelani

---



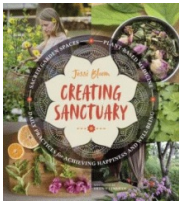
**Cozy minimalist home :  
more style, less stuff /  
Myquillyn Smith.**

Smith, Myquillyn, author.



**Gardening for  
mindfulness / Holly  
Farrell.**

Farrell, Holly, author.



**Creating sanctuary :  
sacred garden spaces,  
plant-based medicine,  
and daily practices to  
achieve happiness and**

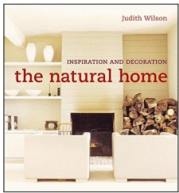
**well-being / by Jessi Bloom ; with  
photos by Shawn Linehan.**

Bloom, Jessi, author.



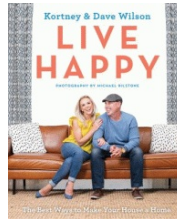
**Homebody : a guide to  
creating spaces you  
never want to leave /  
Joanna Gaines.**

Gaines, Joanna, 1978- author.



**The natural home :  
stylish living inspired by  
nature / Judith Wilson.**

Wilson, Judith, 1962-



**Live happy : the best  
ways to make your  
house a home / Kortney  
& Dave Wilson ;  
photography by Michael  
Rilstone.**

Wilson, Kortney, author.

# Hygge - and safe - at home

Books and more to remind you that being at home is a good thing

Created by CPLmelani

---

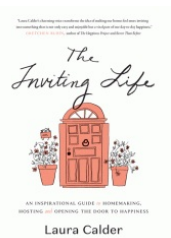


Inside the not so big house : discovering the details that bring a home to life / Sarah Susanka and Marc

Vassallo.  
Susanka, Sarah.

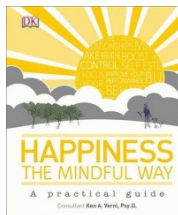


How to Make a House a Home : Creating a Purposeful, Personal Space.  
Kaye, Ariel.



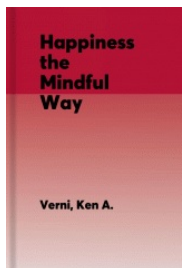
The inviting life : an inspirational guide to homemaking, hosting and opening the door to happiness / Laura Calder.

Calder, Laura, author.

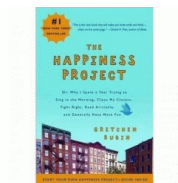


Happiness the mindful way : a practical guide / consultant, Ken A. Verni, PsyD ; illustrator, Trina Dalziel ; Writer, Mike Annesley.

Annesley, Mike.



Happiness the Mindful Way [electronic resource] : Verni, Ken A..  
Verni, Ken A..



The happiness project : or, why I spent a year trying to sing in the morning, clean my closets, fight right, read Aristotle, and generally have more fun / Gretchen Rubin.

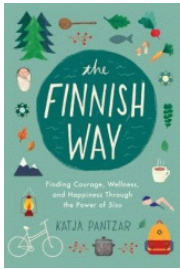
Rubin, Gretchen Craft.

# Hygge - and safe - at home

Books and more to remind you that being at home is a good thing

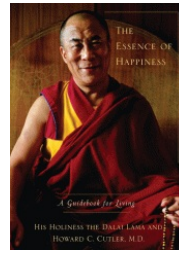
Created by CPLmelani

---



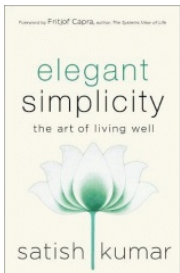
The Finnish way : finding courage, wellness, and happiness through the power of sisu / Katja Pantzar.

Pantzar, Katja, author.



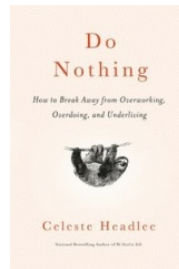
The essence of happiness : a guidebook for living / His Holiness the Dalai Lama and Howard C. Cutler.

Bstan-'dzin-rgya-mtsho, Dalai Lama XIV, 1935-



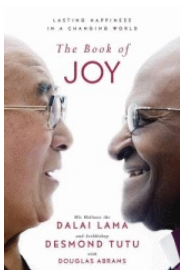
Elegant simplicity : the art of living well / Satish Kumar.

Satish Kumar, 1936- author.



Do nothing : how to break away from overworking, overdoing, and underliving / Celeste Headlee.

Headlee, Celeste Anne, 1969- author.



The book of joy : lasting happiness in a changing world / His Holiness the Dalai Lama and Archbishop Desmond Tutu with Douglas Abrams.

Bstan-'dzin-rgya-mtsho, Dalai Lama XIV, 1935- author.



The book of ikigai : discover the Japanese secret to a long and happy life in just twelve weeks / Caroline de Surany ; illustrations by Julie Céré.

Surany, Caroline de, author.

# Hygge - and safe - at home

Books and more to remind you that being at home is a good thing

Created by CPLmelani

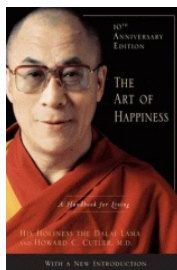
---



A beautiful mess. Happy handmade home : a room-by-room guide to painting, crafting, and decorating a cheerful, more inspiring space /

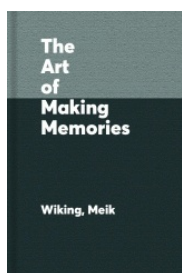
Elsie Larson and Emma Chapman.

Larson, Elsie, author.



The art of happiness : a handbook for living / His Holiness the Dalai Lama and Howard C. Cutler.

Bstan-'dzin-rgya-mtsho, Dalai Lama XIV, 1935-



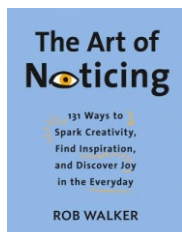
The Art of Making Memories [electronic resource] : Wiking, Meik.

Wiking, Meik.



The art of making memories : how to create and remember happy moments / Meik Wiking.

Wiking, Meik, author.



The art of noticing : 131 ways to spark creativity, find inspiration, and discover joy in the everyday / Rob Walker ; illustrations by

Mendelsund/Munday.

Walker, Rob, 1968- author.



The best things in life : a guide to what really matters / Thomas Hurka.

Hurka, Thomas, 1952-

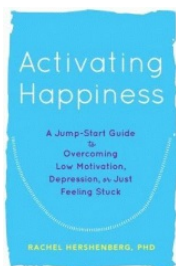


# Hygge - and safe - at home

Books and more to remind you that being at home is a good thing

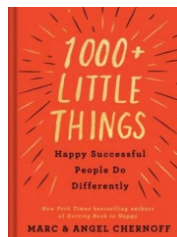
Created by CPLmelani

---



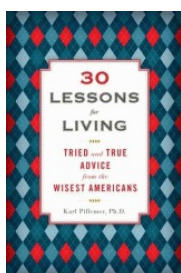
Activating happiness : a jump-start guide to overcoming low motivation, depression, or just feeling stuck / Rachel Hershenberg, PhD.

Hershenberg, Rachel, author.



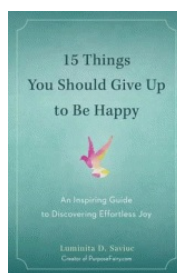
1000+ little things happy successful people do differently / Marc & Angel Chernoff.

Chernoff, Marc, author.



30 lessons for living : tried and true advice from the wisest Americans / Karl Pillemer.

Pillemer, Karl A.

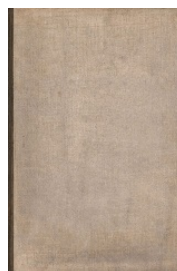


15 things you should give up to be happy : an inspiring guide to discovering effortless joy / Luminita D. Saviuc.

Saviuc, Luminita D., author.



15 Reasons To Live



10 keys to happier living : a practical handbook for happiness / Vanessa King.

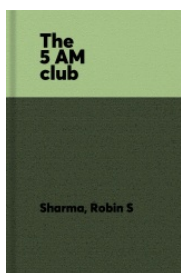
King, Vanessa (Psychologist), author.

# Hygge - and safe - at home

Books and more to remind you that being at home is a good thing

Created by CPLmelani

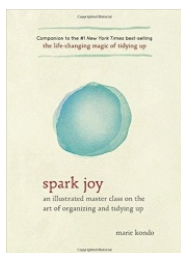
---



**The 5 AM Club**  
[electronic resource] :  
Own Your Morning.  
Elevate Your Life./  
Sharma, Robin.  
Sharma, Robin.

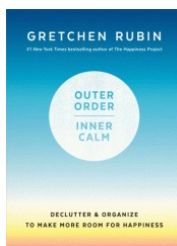


**Whiskey in a Teacup**  
[electronic resource] :  
Witherspoon, Reese.  
Witherspoon, Reese.



**Spark Joy** [electronic resource] :  
An Illustrated Master Class on the Art of Organizing and Tidying Up/ Kondo, Marie.  
Kondo, Marie.

Kondo, Marie.



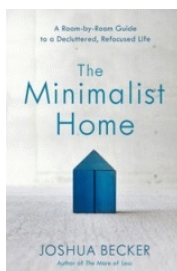
**Outer Order, Inner Calm**  
[electronic resource] :  
Declutter and Organize to Make More Room for Happiness/ Rubin, Gretchen.  
Rubin, Gretchen.

Rubin, Gretchen.



**Minimalist Home, The**  
[electronic resource] : A Room-by-Room Guide to a Decluttered, Refocused Life/ Becker, Joshua.  
Becker, Joshua.

Becker, Joshua.



**The Minimalist Home**  
[electronic resource] : A Room-by-Room Guide to a Decluttered, Refocused Life/ Becker, Joshua.  
Becker, Joshua.

Becker, Joshua.

# Hygge - and safe - at home

Books and more to remind you that being at home is a good thing

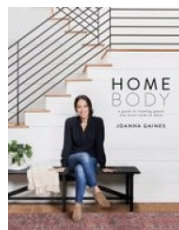
Created by CPLmelani

---



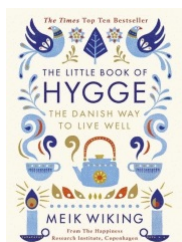
Martha Stewart's Organizing [electronic resource] : The Manual for Bringing Order to Your Life, Home & Routines/ Stewart, Martha.

Stewart, Martha.



Homebody [electronic resource] : A Guide to Creating Spaces You Never Want to Leave/ Gaines, Joanna.

Gaines, Joanna.



The little book of hygge : the Danish way to live well / Meik Wiking.

Wiking, Meik, author.



The Hygge Life [electronic resource] : Embracing the Nordic Art of Coziness Through Recipes, Entertaining, Decorating, Simple Rituals, and Family Traditions/ Gíslason, Gunnar Karl; Eddy, Jody.

Gíslason, Gunnar Karl; Eddy, Jody.