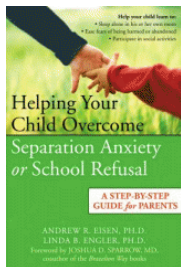


# Stress Reduction Busters/Back-to-school Anxiety

New events and environments can cause unbelievable stress to children, parents and the new college/university student. Here are a few helpful titles.

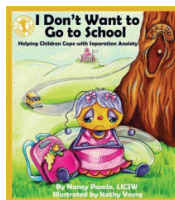
Created by phill167

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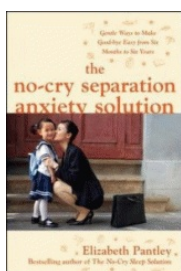
## Helping your child overcome separation anxiety or school refusal

Andrew R. Eisen, Linda B. Engler.



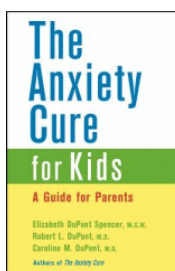
## I don't want to go to school

by Nancy Pando ; illustrations by Kathy Voerg.



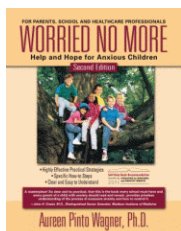
## The no-cry separation anxiety solution

Elizabeth Pantley. --



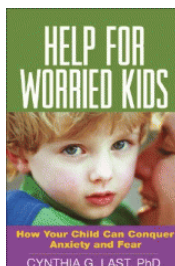
## The anxiety cure for kids

Elizabeth DuPont Spencer, Robert L. DuPont, Caroline M. DuPont.



## Worried no more

Aureen Pinto Wagner.



## Help for worried kids

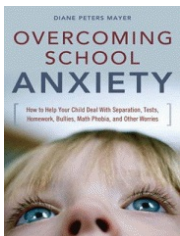
Cynthia G. Last.

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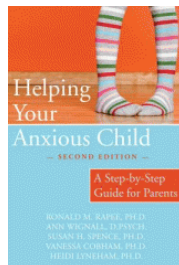
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## Overcoming school anxiety

Diane Peters Mayer. --



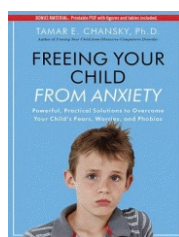
## Helping your anxious child

Ronald M. Rapee ... [et al]. --



## Keys to parenting your anxious child

Katharina Manassis. --



## Freeing your child from anxiety

by Milton Friedman. --