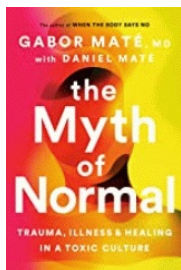


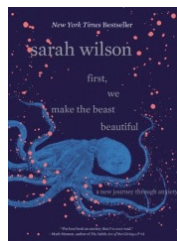
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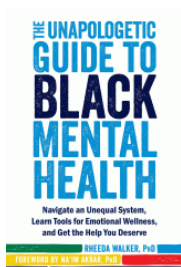
The myth of normal :
trauma, illness & healing in
a toxic culture / Gabor Maté,
MD, with Daniel Maté.

Maté, Gabor, author.



First, we make the beast
beautiful : a new journey
through anxiety / Sarah
Wilson.

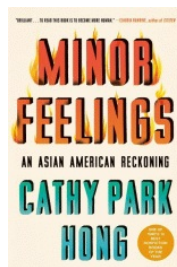
Wilson, Sarah (Nutritionist), author.



The unapologetic guide to
Black mental health :
navigate an unequal
system, learn tools for
emotional wellness, and get
the help you deserve
[electronic resource] /

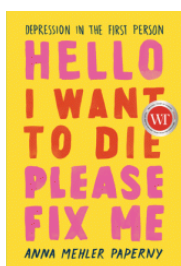
Rheeda Walker.

Walker, Rheeda, author.



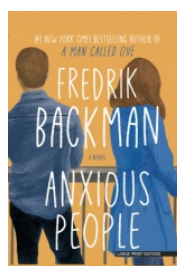
Minor feelings

Hong, Cathy Park,



Hello I want to die please fix
me : depression in the first
person / Anna Mehler
Paperny.

Paperny, Anna Mehler, author.

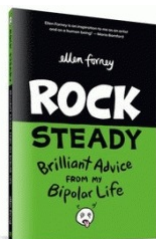


Anxious people / Fredrik
Backman ; translated by
Neil Smith.

Backman, Fredrik, 1981- author.

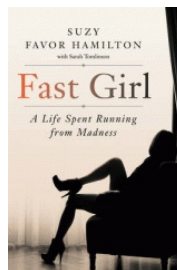
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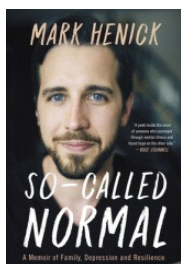
Rock steady : brilliant advice from my bipolar life [electronic resource].

Forney, Ellen, author, illustrator.



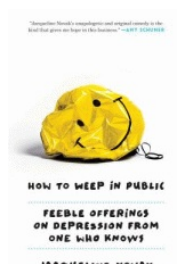
Fast girl : a life spent running from madness / Suzy Favor Hamilton, [with Sarah Tomlinson].

Favor Hamilton, Suzy author.



So-called normal : a memoir of family, depression and resilience / Mark Henick.

Henick, Mark, author.



How to weep in public : feeble offerings on depression from one who knows / Jacqueline Novak.

Novak, Jacqueline, author.