

Imported from My Lists: Diet

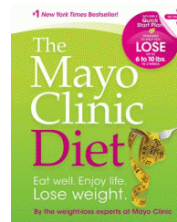
Cookbooks and others to get fit and healthy!!

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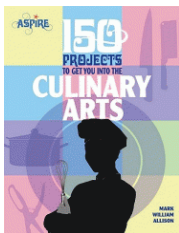
Mayo Clinic wellness solutions for heart health

Mayo Clinic ; Gaiam ; director/creative director, Ken Ross ; producer, Branka Ruzak.



The Mayo Clinic diet

[by the weight-loss experts at Mayo Clinic.]



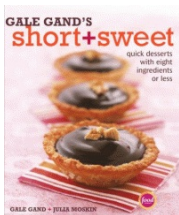
150 projects to get you into the culinary arts

Mark William Allison.



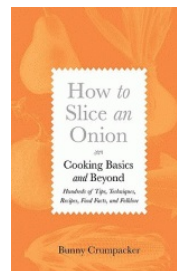
French classics made easy

Richard Grausman.



Gale Gand's short and sweet

by Gale Gand and Julia Moskin ; photographs by Tim Turner.



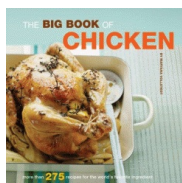
How to slice an onion

Bunny Crumpacker ; illustrations by Sally Mara Sturman.

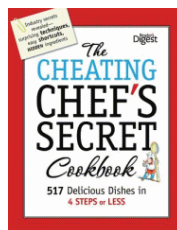
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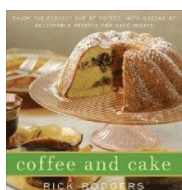
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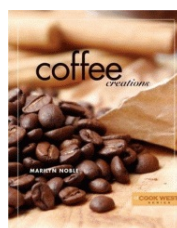
The big book of chicken
by Maryana Vollstedt.



The cheating chef's secret cookbook
[executive editor, Elissa Altman ; writer, Sharon Bowers].



Coffee & cake
Rick Rodgers ; photographs by Ben Fink.



Coffee creations
Gwin Grogan Grimes.