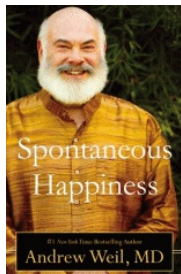


# Mental Health

In the short story Winston, in Bloodletting & Miraculous Cures Vincent Lam explores the topic of mental health, giving the readers an opportunity to contemplate the many facets of a complex subject. These nonfiction titles provide insight into a variety of topics on the subject of mental health.

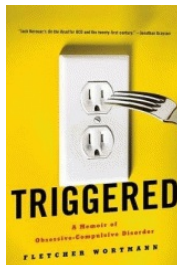
Created by OneBookOneMarkham

---



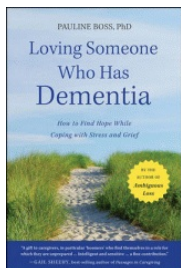
## Spontaneous happiness

Andrew Weil. --



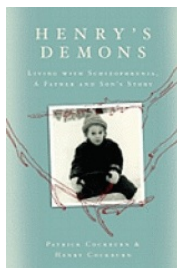
## Triggered

Fletcher Wortmann. --



## Loving someone who has dementia

Pauline Boss. --



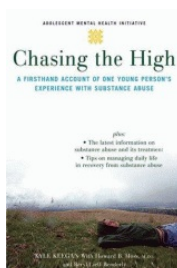
## Henry's demons

Patrick Cockburn and Henry Cockburn. --



## When baby brings the blues

Ariel Dalfen. --



## Chasing the high

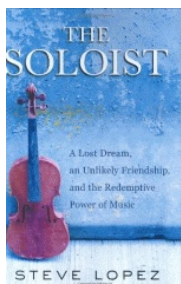
Kyle Keegan, with Howard B. Moss.

# Mental Health

In the short story Winston, in Bloodletting & Miraculous Cures Vincent Lam explores the topic of mental health, giving the readers an opportunity to contemplate the many facets of a complex subject. These nonfiction titles provide insight into a variety of topics on the subject of mental health.

Created by OneBookOneMarkham

---



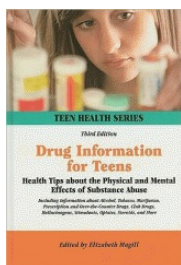
## The soloist

Steve Lopez.



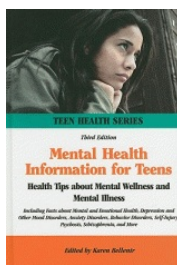
## Out of the blue

Jan Wong. --



## Drug information for teens

edited by Elizabeth Magill. --



## Mental health information for teens

edited by Karen Bellenir. --