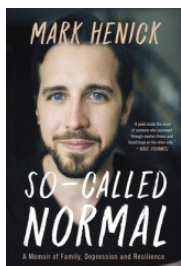


# Men's Health - the DIY list

Understanding mental health and illness, toxic masculinity, male suicide and how to deal with cancer.

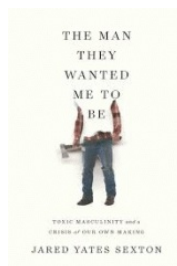
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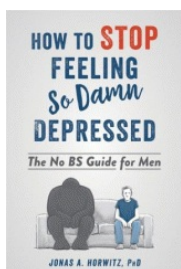
So-called normal : a memoir of family, depression and resilience / Mark Henick.

Henick, Mark, author.



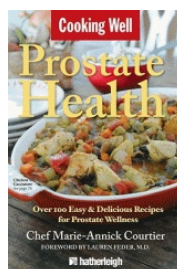
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Sexton, Jared, author.



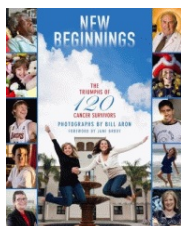
How to Stop Feeling So Damn Depressed [electronic resource] : The No BS Guide for Men/ PhD, Jonas A. Horwitz,.

PhD, Jonas A. Horwitz,.



Cooking well. Prostate health / Marie-Annick Courtier.

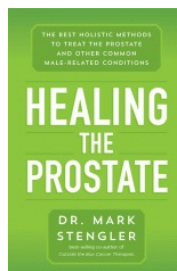
Courtier, Marie-Annick.



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Jane E. Brody ; prefaces by Peter Yarrow, U.S. Representative Henry Waxman and Rabbi David J. Wolpe.

Aron, Bill, 1941- author.



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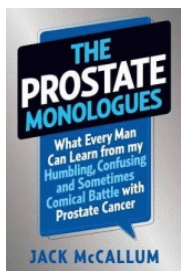
Stengler, Mark, 1969- author.

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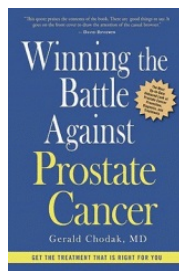
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McCallum, Jack, 1949-

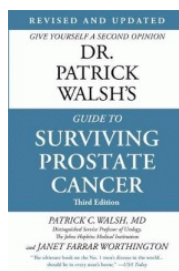


Winning the battle against prostate cancer : get the treatment that is right for you / Gerald Chodak.

Chodak, Gerald W., 1950-



Living with Prostate Cancer



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