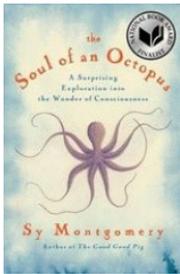


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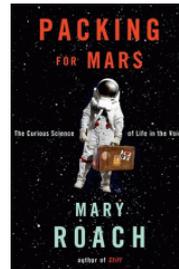
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The soul of an octopus : a surprising exploration into the wonder of consciousness

Montgomery, Sy, author.

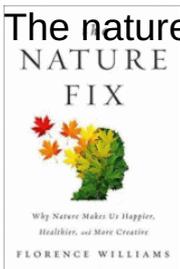
Octopuses have varied personalities and intelligence they show in myriad ways: endless trickery to escape enclosures and get food; jetting water playfully to bounce objects like balls; and evading caretakers by using a scoop net as a trampoline and running around the floor on eight arms. But with a...



Packing for Mars : the curious science of life in the void

Roach, Mary.

Describes the weirdness of space travel, answers questions about the long-term effects of living in zero gravity on the human body, and explains how space simulations on Earth can provide a preview to life in space.



The nature fix : why nature makes us happier, healthier, and more creative

Williams, Florence, 1967- author.

An engaging investigation into the restorative benefits of nature draws on cutting-edge research and the author's explorations with international nature therapy programs to examine the relationship between nature and human cognition, mood and creativity.

Swimming to Antarctica : tales of a long-distance swimmer

Cox, Lynne, 1957-



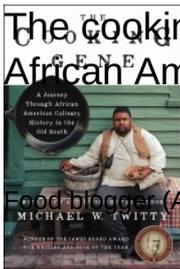
A noted long-distance swimmer with a love for cold water describes her record-breaking English Channel crossing, her 1987 swim across the Bering Strait, and exploits in the Straits of Magellan, Lake Baikal, and Antarctica.

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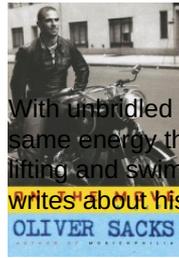
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The cooking gene : a journey through African American culinary history in the Old South

Twitty, Michael, 1977- author.

Food blogger (Afroculinaria), Judaic studies scholar, and Southerner Michael Twitty connects family history with food and culture in this wide-ranging -- and often mouth-watering -- study. Primarily a narrative cultural history that examines slavery, race relations, soul food, and even kosher cookin...



On the move : a life

Sacks, Oliver, 1933-2015.

With unbridled honesty and humor, Sacks shows us that the same energy that drives his physical passions—weight lifting and swimming—also drives his cerebral passions. He writes about his love affairs, both romantic and intellectual; his guilt over leaving his family to come to America; his bond with...