

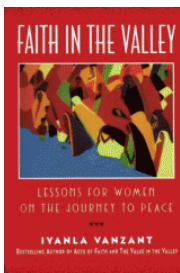
# BKLYN BookMatch: Spirituality, Midwifery, Doulas, the Birthing Experience, the Female Anatomy and the Menstrual Cycle

This list was created by a librarian with the Brooklyn Public Library for a reader. Would you like your own personalized list of reading suggestions? Visit Bklyn BookMatch, here:

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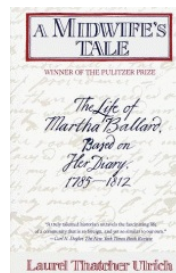
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**Faith in the valley : lessons for women on the journey to peace**

Vanzant, Iyanla.



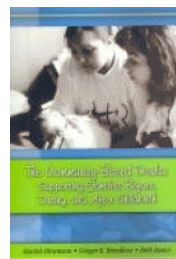
**A midwife's tale : the life of Martha Ballard, based on her diary, 1785-1812**

Ulrich, Laurel Thatcher, 1938-



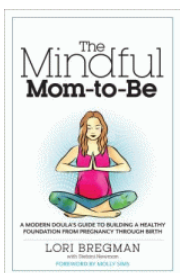
**Myles pocket reference for midwives**

Ashwin, Cathy, author.



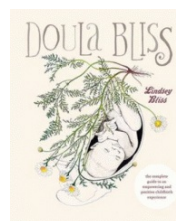
**The community-based doula : supporting families before, during, and after childbirth**

Abramson, Rachel.



**The mindful mom-to-be : a modern doula's guide to building a healthy foundation, from pregnancy through birth**

Bregman, Lori, author.



**The doula's guide to empowering your birth : a complete labor and childbirth companion for parents-to-be**

Bliss, Lindsey, author.

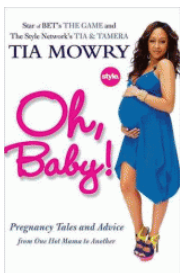
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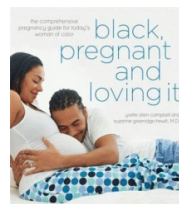
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Oh, baby! : pregnancy tales and advice from one hot mama to another

Mowry, Tia.



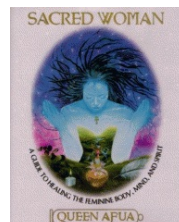
Black, pregnant, and loving it : the comprehensive pregnancy guide for today's woman of color

Allen-Campbell, Yvette, author.



The kind mama : a simple guide to supercharged fertility, a radiant pregnancy, a sweeter birth, and a healthier, more beautiful beginning

Silverstone, Alicia, author.



Sacred woman : a guide to healing the feminine body, mind, and spirit

Afua, Queen.