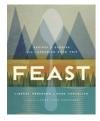
## True Adventure stories #travel #memoir

Non fiction stories of adventure in Canada and beyond. Many written by women (maybe some men) who have explored the wild places in our world.

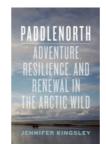
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Feast: recipes and stories from a Canadian road trip / Lindsay Anderson & Dana Vanveller; foreword by Chef Lynn Crawford.

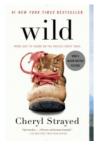
Anderson, Lindsay, author.

Feast: Recipes and Stories from a Canadian Road Trip by Lindsay Anderson and Dana VanVeller. This is a charming book filled to the brim with wonderful stories of Canada; its diverse cultures, delicious food and interesting characters. I did try a few of the recipes and loved Beaton's Mac &Cheese i...



Paddlenorth: adventure, resilience, and renewal in the Arctic wild / Jennifer Kingsley.

Kingsley, Jennifer, author.



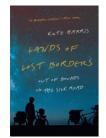
Wild [electronic resource]: From Lost to Found on the Pacific Crest Trail/ Strayed, Cheryl.

Strayed, Cheryl.

## Pants of Perspective by Anna McNuff on Hoopla audiobooks

https://www.hoopladigital.com/title/12381333

One of my favourite things to listen to while training for a race are books about running and overcoming challenges. There is something about hearing the stories of someone who has taken on a challenge that makes the miles go a little easier and bonus points if it makes you laugh out loud. The Pa...

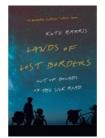


Lands of Lost Borders [electronic resource] : Out of Bounds on the Silk Road/ Harris, Kate.

Harris, Kate.

In Lands of Lost Borders: A Journey on the Silk Road we meet author Kate Harris,

a modern day explorer. In this engrossing memoir, she tucks us into the panniers of her bike and takes us along with her and long time friend Mel Yule on this epic journey along the modern day Silk Road. As a scientis...



Lands of lost borders : out of bounds on the Silk Road / Kate Harris.

Harris, Kate, 1982- author.

In Lands of Lost Borders: A Journey on the Silk Road we meet author Kate Harris, a modern day explorer. In this engrossing memoir, she tucks us into the panniers of

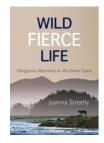
her bike and takes us along with her and long time friend Mel Yule on this epic journey along the modern day Silk Road. As a scientis...



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Created by CPLkj



Wild fierce life: dangerous moments on the outer coast / Joanna Streetly.

Streetly, Joanna, author.

Having grown up on Vancouver Island, I love reading books set in that beautiful place and written by people who live there. When I came across this book in advance of a family hiking trip I was delighted. Wild Fierce Life is a memoir written in a series of short episodes. Each gives us a glimpse...

