BKLYN BookMatch: Mental Health Drama, Fiction and Nonfiction

Books centering on issues of mental health, both fiction and memoir/essays. This list was created by a librarian with the Brooklyn Public Library for a reader. Would you like your own personalized list of reading suggestions? Visit Bklyn BookMatch here: bklynlibrary.org/bookmatch

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A tale for the time being Ruth Ozeki.



Swallow me whole by Nate Powell.



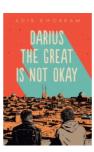
Little & Lion Colbert, Brandy, author.



We are okay a novel by Nina LaCour.



Starfish Bowman, Akemi Dawn, author.



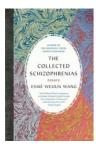
Darius the Great is not okay Khorram, Adib, author.



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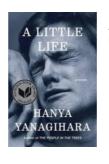
The Collected Schizophrenias : Essays Wang, Esm? Weijun



Girl, interrupted Susanna Kaysen.



Everything I never told you Celeste Ng.



A little life Hanya Yanagihara.

