# Imported from My Lists: FEMALE, AFRICAN. BLACK, BROOKLYN, HISTORY, PBS FILMS

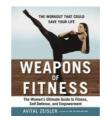
FEMALE, AFRICAN. BLACK, BROOKLYN, HISTORY, PBS FILMS HISTORY, PBS HOME FILMS by Historians\AMISTAD=FRIENDLY \All Amistad Hits, A Slave Ship, Mutiny British vs. Spanish, True Story, Director Spielberg!

Created by Shaka\_Zulu\_Female



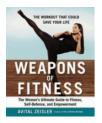
Xian dai nèu zi fang shen shu

zuo zhe Ding Yufen.



Weapons of fitness

Avital Zeisler.

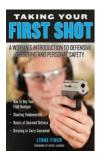


Weapons of fitness Avital Zeisler.

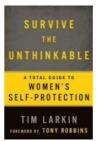


Total self defense technique for women

with Master Lee.



Taking your first shot
Lynne Finch; photography by Russ Charlesworth Jr.



### Surviving the unthinkable

Tim Larkin; foreword by Tony Robbins.



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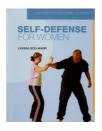
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#### Self-defense for women

by Loren W. Christensen and Lisa Christensen; foreword by Gavin de Becker.

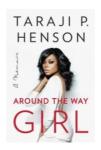


### Self-defense for women



## What's the big deal about first ladies?

written by Ruby Shamir; illustrated by Matt Faulkner.



## Around the way girl Taraji P. Henson with Denene Millner.

