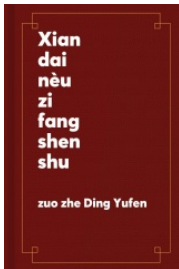


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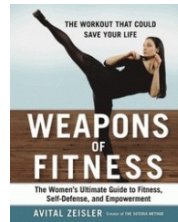
FEMALE, AFRICAN. BLACK, BROOKLYN, HISTORY, PBS FILMS HISTORY, PBS HOME FILMS by Historians\AMISTAD=FRIENDLY \All Amistad Hits, A Slave Ship, Mutiny British vs. Spanish, True Story, Director Spielberg!

Created by Shaka_Zulu_Female



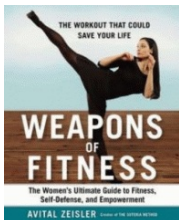
Xian dai nèu zi fang shen shu

zuo zhe Ding Yufen.



Weapons of fitness

Avital Zeisler.



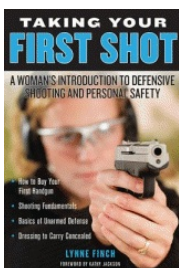
Weapons of fitness

Avital Zeisler.



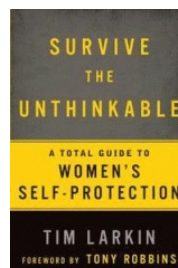
Total self defense technique for women

with Master Lee.



Taking your first shot

Lynne Finch ; photography by Russ Charlesworth Jr.



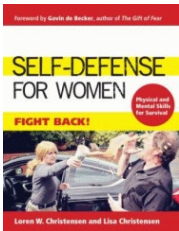
Surviving the unthinkable

Tim Larkin ; foreword by Tony Robbins.

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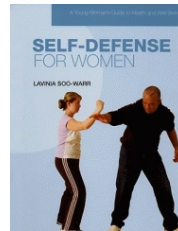
FEMALE, AFRICAN. BLACK, BROOKLYN, HISTORY, PBS FILMS HISTORY, PBS HOME FILMS by Historians\AMISTAD=FRIENDLY \All Amistad Hits, A Slave Ship, Mutiny British vs. Spanish, True Story, Director Spielberg!

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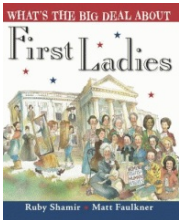
Self-defense for women

by Loren W. Christensen and Lisa Christensen ; foreword by Gavin de Becker.



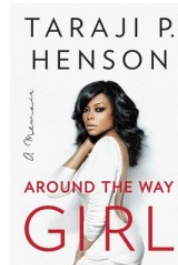
Self-defense for women

Lavinia Soo-Warr.



What's the big deal about first ladies?

written by Ruby Shamir ; illustrated by Matt Faulkner.



Around the way girl

Taraji P. Henson with Denene Millner.