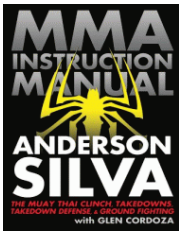


# Michael's initial

Michael's initial

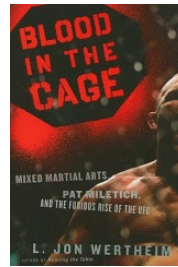
Created by Patron251265

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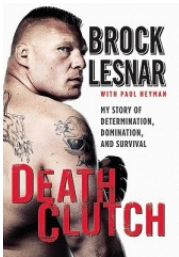
Mixed martial arts instruction manual : the Muay Thai clinch, takedowns, takedown defense, and ground fighting

Silva, Anderson, 1975 April 14-



Blood in the cage : mixed martial arts, Pat Miletich, and the furious rise of the UFC

Wertheim, L. Jon.



Death clutch : my story of determination, domination, and survival

Lesnar, Brock.