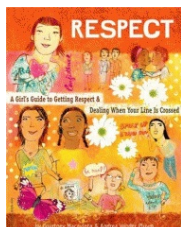


Brooklyn Heights Library Youth Council Presents I'mPerfect: A Self-Love Event

This booklist was created to accompany the I'mPerfect event sponsored by Brooklyn Heights Library Youth Council.

Created by BKLYNLisaB



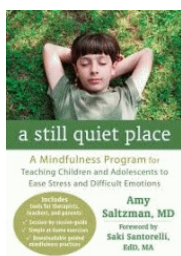
Respect

by Courtney Macavinta and Andrea Vander Pluym ;
edited by Elizabeth Verdick ; illustrated by Catherine
Lepage.



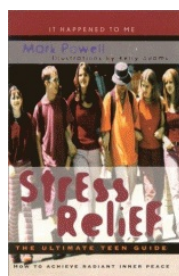
Dear teen me

edited by E. Kristin Anderson and Miranda Kenneally.



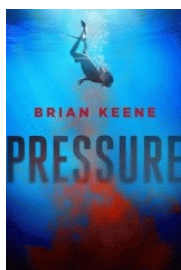
A still quiet place

Amy Saltzman ; foreword by Saki Santorelli.



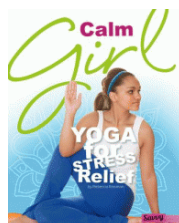
Stress relief

Mark Powell ; illustrations by Kelly Adams.



Pressure

Brian Keene.



Calm girl

by Rebecca Rissman.

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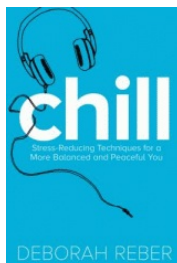
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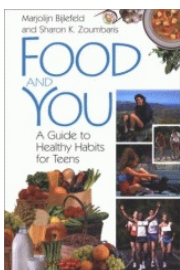
It's all too much, so get it together

Peter Walsh ; with illustrations by John Hendrix.



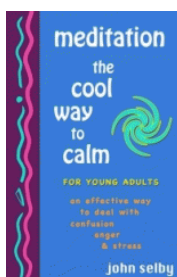
Chill

Deborah Reber ; illustrated by Neryl Walker.



Food and you

Marjolijn Bijlefeld and Sharon K. Zoumbaris.



Meditation

John Selby.