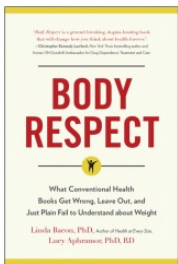


Bklyn BookMatch The Health at Every Size Philosophy and Diabetes Management

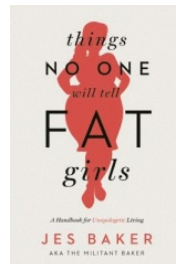
Health at Every Size is about accepting one's weight whatever it is and still living a healthy lifestyle. Our reader has the complication of diabetes. We found some titles that are from the HAES website, used by a librarian who has followed that philosophy for years, and some books about dealing with diabetes with lifestyle changes rather than huge weight loss.

Created by BklynDebbieP



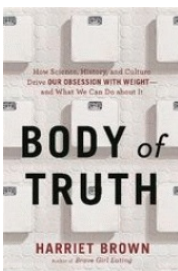
Body respect

Linda Bacon, PhD and Lucy Aphramor, PhD, RD.



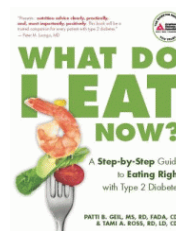
Things no one will tell fat girls

Jes Baker.



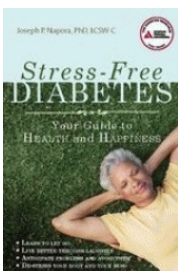
Body of truth

Harriet Brown.



What do I eat now?

Patti B. Geil & Tami A. Ross.



Stress-free diabetes

Joseph P. Napora.

Bklyn BookMatch The Health at Every Size Philosophy and Diabetes Management

Health at Every Size is about accepting one's weight whatever it is and still living a healthy lifestyle. Our reader has the complication of diabetes. We found some titles that are from the HAES website, used by a librarian who has followed that philosophy for years, and some books about dealing with diabetes with lifestyle changes rather than huge weight loss.

Created by BklynDebbieP
