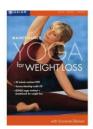
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Maintenance yoga for weight loss with Suzanne Deason



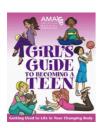
## Scott Cole.



Get fit daily dozen Denise Austin.

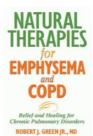






## American Medical Association girl's guide to becoming a teen Amy B. Middleman, medical editor ; Kate Gruenwald

Amy B. Middleman, medical editor ; Kate Gruenwald Pfeifer, writer.



Natural therapies for emphysema and COPD Robert J. Green, Jr.



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Applied physiology, nutrition, and metabolism



Dynamic medicine



Stretch & relax Maxine Tobias & Mary Stewart.

