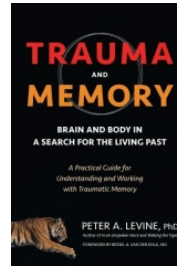


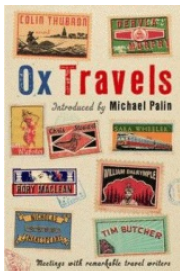
Psychedelics and psychotherapy : the healing potential of expanded states / edited by Tim Read and Maria Papaspyrou.



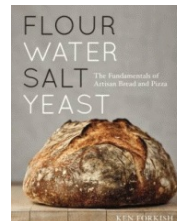
Trauma and memory : brain and body in a search for the living past : a practical guide for understanding and working with traumatic memory / Peter A. Levine, PhD ; foreword by Bessel A.

Van der Kolk, MD

Levine, Peter A., author.

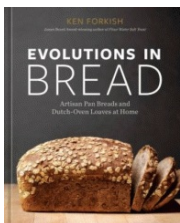


OxTravels : meetings of remarkable travel writers / introduced by Michael Palin ; edited by Mark Ellingham, Peter Florence and Barnaby Rogerson.



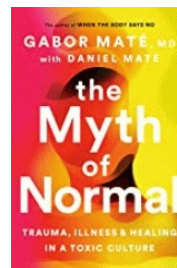
Flour water salt yeast : the fundamentals of artisan bread and pizza / Ken Forkish ; photography by Alan Weiner.

Forkish, Ken.



Evolutions in bread : artisan pan breads and Dutch-oven loaves at home / Ken Forkish ; photographs by Alan Weiner.

Forkish, Ken, author.



The myth of normal : trauma, illness & healing in a toxic culture / Gabor Maté, MD, with Daniel Maté.

Maté, Gabor, author.